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CORRECTED MEETING MINUTES

ADVISORY COMMITTEE ON CONTINUING COMPETENCY

February 20, 2026

Item 1. Call to Order / Roll Call for Confirmation of Quorum

The meeting was called to order by ACCC Chair Krysta Boyd at 8:45 a.m.

Members Present: Krysta Boyd, PT, Chair; Gina McDade, PTA, Board Liaison; Meghan Pefley, PT.

Members Absent: Dennis Gutierrez, PT; Nicole Lopes, PT

Staff Present: Deanna Irby, Board Operations Support Specialist.

Item 2. Public Comment

Chair Boyd opened the floor to public comment. None was presented.

Item 3. Approval of ACCC Meeting Minutes (For Possible Action). The Committee will review and possibly approve the meeting minutes for prior meetings.

a. December 12, 2025

Motion: Motion to approve the minutes of the December 12, 2025 meeting as presented: Chair Boyd

Second: Member Pefley

Motion Passed Unanimously.

Item 4. Board updates from Board Liaison

Board Liaison Gina McDade provided an update regarding ongoing discussions related to the practice of animal physical therapy. The Nevada Physical Therapy Board has requested that the Nevada State Board of Veterinary Medical

Examiners consider adopting language to allow licensed Physical Therapist Assistants (PTAs) to perform animal physical therapy under the supervision of a licensed Physical Therapist (PT) who holds a valid certification to practice animal physical therapy in Nevada.

It was noted that representatives from the Nevada Physical Therapy Board are scheduled to attend an upcoming meeting of the Veterinary Board to further discuss this proposal.

Item 5. Discussion of allotted minimum CEU request, and discussion regarding re-use of courses and activities within a time frame. (For Possible Action) Changes will be updated into the Continuing Competency Model.

The Committee discussed the minimum continuing education unit (CEU) requirement and the allowable timeframe for repeating previously completed courses. After deliberation, the Committee clarified that the minimum requirement for course eligibility is 1.0 CEU, and that courses may not be repeated for credit within a five-year period.

Motion: Motion to approve revisions to the Continuing Competency Model and White Paper to reflect the following:

- A minimum of 1.0 CEU (one contact hour) is required for course eligibility.
- Credit may be awarded in 0.5 CEU increments (30 minutes) after the initial one-hour minimum has been met.
- Courses completed in quarter-hour increments will be rounded down to the nearest half hour.
- A maximum of 15 contact hours per course may be awarded.
- Add denial code language stating: *"Course does not meet the minimum contact hour requirement; all courses must include at least one contact hour of instruction time."*
- Continuing education courses approved for Nevada physical therapy licensure may not be repeated for credit within five (5) years, regardless of delivery format or sponsoring organization: Chair Boyd

Second: Member Pefley

Motion passed unanimously.

Item 6. Consideration and decisions regarding APTANV courses. **(For Possible Action)** Changes will be updated into the Continuing Competency Model.

The Committee discussed clarification of blanket approval for courses offered through the American Physical Therapy Association (APTA), including those provided by the Nevada chapter (APTA/NV). Revisions were proposed to clearly define which APTA-sponsored courses qualify for automatic approval and to distinguish them from third-party or out-of-state offerings.

Motion: Motion to revise language in Section #7 of the Continuing Competency Model under “Course and Conference Approval” to state:

- Nevada grants blanket CE approval for courses and conferences directly presented by the APTA, including those offered through the APTA Learning Center.
- Blanket approval includes APTA Combined Sections Meeting (CSM) and official conferences of APTA sections and academies.
- Blanket approval extends to courses and conferences offered by the APTA Nevada Chapter (APTANV).
- Blanket approval does not extend to:
 - Courses or conferences hosted by out-of-state APTA chapters, or
 - Third-party providers, even if affiliated with or endorsed by APTA.
- Such courses must be individually reviewed and approved by the Nevada Physical Therapy Board to qualify for licensure renewal credit.: Chair Boyd

Second: Member Pefley

Motion passed unanimously.

Item 7. Review regarding the posted “Course Review Application” and if it is still necessary to be accessible on ptboard.nv.gov **(For Possible Action)**. Changes will be made to the form if it is determined necessary.

The Committee reviewed the continued necessity of maintaining the Course Review Application on the Nevada Physical Therapy Board website. Based on current digital submission processes, the application was determined to be no longer necessary.

Motion: Motion to remove the Course Review Application from the Nevada Physical Therapy Board website.: Chair Boyd

Second: Member McDade

Motion passed unanimously.

Item 8. Cultural Competency Credit (DEI) inclusion of courses that specifically serve marginalized communities within the scope of PT (Post-Operative Pelvic Floor, Yoga to Improve Posture, Breathing, and Anxiety in Geriatrics), current guidelines appear to exclude these courses (For Possible Action)

The Committee discussed the inclusion of courses focused on cultural competency and diversity, equity, and inclusion (DEI), particularly those serving marginalized populations within the scope of physical therapy practice (e.g., post-operative pelvic floor rehabilitation, yoga for posture and anxiety in geriatric populations). Concerns were raised that current guidelines may unintentionally exclude such courses from qualifying for cultural competency credit. Following discussion, the Committee determined that no formal changes to the existing guidelines were necessary at this time.

Item 9. Review and Recommendation of new and previously reviewed Continuing Competency Courses (For Possible Action). Approval, Approval with Conditions, and Denials will be discussed.

The Committee reviewed submitted continuing competency course applications. Members were provided the opportunity to evaluate each course, ask questions, and engage in discussion prior to taking action. Following deliberation, courses were categorized as Denied, Approved with Conditions, or Approved.

Denied Courses

Motion: Motion to deny the courses reviewed under denial code C.1.T (Failure to meet minimum contact hour requirement): Chair Boyd

Second: Member Pefley

Motion passed unanimously.

Course Title	CeBroker Tracking No.	Course Provider	CEUs Requested
Professional Communication: Ethical Communication and a Culture of Safety	20-1342808	MEDBRIDGE	0.25
Professional Communication: Strategies for Working With Difficult Coworkers	20-1342802	MEDBRIDGE	0.25
Professional Communication: Constructive Conflict with Co-Workers	20-1342797	MEDBRIDGE	0.25

Approved with Conditions

Motion: Motion to approve, with conditions, the following courses, with approval valid through February 6, 2028: Chair Boyd.

Second: Member McDade

Motion passed unanimously.

Course Title	Ce Broker Tracking No.	Course Provider	CEUs requested
PENDING PROVIDER - Understanding and Addressing Ageism in Physical Therapy Practice	20-1352885	APTA NEVADA	1
Kaatsu and Traditional BFR Level 1	20-1349374	HAMMERHEAD HP	5
Bridge The Gap Optimal Shoulder Health	20-1353198	KIME PERFORMANCE	6
Strong and Steady in the Home - Falls Screening, Documentation and Intervention	20-1349531	INTERMOUNTAIN HEALTH	8
Bridge The Gap Optimal Spine Health	20-1353201	KIME PERFORMANCE	8
Bridge The Gap Optimal Knee Health	20-1353180	KIME PERFORMANCE	8
DN-2: Dry Needling for Lumbopelvic & Lower Extremity Conditions: an Evidence-Based Approach (Part 2 of the Certification in D	20-1344224	AMERICAN ACADEMY OF MANIPULATIVE THERAPY	27

Approved Courses

Motion: Motion to approve the remaining courses as presented, with approval through February 6, 2028: Chair Boyd

Second: Member Pefley

Motion passed unanimously.

Course Title	Ce Broker Tracking No.	Course Provider	CEUs Awarded
Cognitive Impairments: Memory, Screening, and Intervention	20-1081098	MEDBRIDGE	2
Creative Therapeutic Play (Simpson - Online)	20-1351651	SUMMIT PROFESSIONAL EDUCATION	1

Myth-Busting Manual Therapy (Meritt - Live Interactive Webinar)	20-1351999	SUMMIT PROFESSIONAL EDUCATION	1
Simplifying Sacroiliac Joint/Hip Dysfunction (Handschumacher - Live Interactive Webinar)	20-1352221	SUMMIT PROFESSIONAL EDUCATION	1
Push in Versus Pull-out School Based Therapy (Wood - Online)	20-1352081	SUMMIT PROFESSIONAL EDUCATION	1
Using Adult Learning Theory to Enhance Coaching in Early Intervention	20-1342886	PHYSICALTHERAPY.COM	1
Clinical Best Practices for Lymphedema Assessment and Referral Pathways	20-1353297	TACTILE MEDICAL	1
Communication Styles	20-1320777	CENTERWELL HOME HEALTH (FORMALLY KINDRED AT HOME)	1.5
Patient Safety and Assessment: Safe Use of Assistive Devices	20-1341306	CEUFAST	1.5
Promoting Successful Transition to Communal Living for Aging Adults	20-1346691	SELECT REHABILITATION	1.5
PRIME Wound Care	20-1196522	CENTERWELL HOME HEALTH (FORMALLY KINDRED AT HOME)	1.75
IASTM: An Introduction to the Lower Quarter	20-1089416	MEDBRIDGE	1.75
IASTM: An Introduction to the Upper Quarter	20-1089410	MEDBRIDGE	1.75
Cultural Competency: Current Practice	20-1348123	CEUFAST	2
Considerations for Right Hemisphere Stroke (Mosley - Live Interactive Webinar)	20-1048394	SUMMIT PROFESSIONAL EDUCATION	2
Precision and Presence: Optimizing Human Performance Across Environments	20-1351117	SELECT MEDICAL	2
Practical Approaches to Optimize Function in Dementia Patients (Daniels - Online)	20-1351655	SUMMIT PROFESSIONAL EDUCATION	2
Universal Design for Learning in School-Based Therapy Practice (Kinkade - Online)	20-1351622	SUMMIT PROFESSIONAL EDUCATION	2
Aging in Place: Promoting Independence and Quality of Life (Jennings - Online)	20-1351588	SUMMIT PROFESSIONAL EDUCATION	2

Comprehensive Post-Operative ACL Rehabilitation (Frizelle - Online)	20-1351551	SUMMIT PROFESSIONAL EDUCATION	2
Dry Needling and Pelvic Health: Evidence-informed Comprehensive Management	20-1351820	SELECT MEDICAL	2
Differential Diagnosis: Autoimmune/Rheumatological vs. Neuromusculoskeletal Disorders (Paskiewicz - Live Interactive Webinar)	20-1352146	SUMMIT PROFESSIONAL EDUCATION	2
Rehab Considerations Pre and Post Prostatectomy (Cramp - Live Interactive Webinar)	20-1352115	SUMMIT PROFESSIONAL EDUCATION	2
Restoring the Athlete Mindset Following Injury (Braun - Live Interactive Webinar)	20-1352111	SUMMIT PROFESSIONAL EDUCATION	2
Vestibular Rehabilitation for the Non-Vestibular Therapist (Gibbs - Live Interactive Webinar)	20-1352094	SUMMIT PROFESSIONAL EDUCATION	2
Remote Therapeutic Monitoring 101:How to Improve Patient Engagement & Accuracy in Reimbursement (Lim - Live Interactive Webin	20-1352088	SUMMIT PROFESSIONAL EDUCATION	2
To Kegel or Not to Kegel? Pelvic Floor Basics (Carter - Live Interactive Webinar)	20-1352085	SUMMIT PROFESSIONAL EDUCATION	2
Core Stability and the Fascial Plane Systems for Extremity Conditions	20-1352583	ALLIED HEALTH EDUCATION	2
Management Strategies for Tech Neck: An Evidence-Based Update	20-1352577	ALLIED HEALTH EDUCATION	2
Breast Cancer Rehab After Adjuvant Care (Koenning - Online)	20-1343862	SUMMIT PROFESSIONAL EDUCATION	2
Fundamentals of the Chronically Ill Patient	20-1343843	SELECT MEDICAL	2
Gluteal Tendinopathy: Pathophysiology, Diagnosis, and Rehabilitation Strategies	20-1344035	SELECT MEDICAL	2
Building Relationships for Strong Outcomes in Pediatrics (Sanghvi - Online)	20-1345255	SUMMIT PROFESSIONAL EDUCATION	2
Palliative Care: Relief, Support, and Quality of Life	20-1345569	CEUFAST	2
Realistic Best Practice in Long-Term Care: Overcoming Barriers to Evidence-Based Physical Therapy	20-1343856	PHYSICALTHERAPY.COM	2
Alternative Driving Methods for Power Wheelchair Mobility	20-1343848	PHYSICALTHERAPY.COM	2
New Insights in Flexibility Training: What Healthcare Professionals Should Know!	20-1342286	PHYSICALTHERAPY.COM	2

From Caution to Confidence: Reframing Exercise in Multiple Sclerosis	20-1341787	PHYSICALTHERAPY.COM	2
Physical Therapy Management of the Individual with Incomplete Spinal Cord Injury	20-1341758	PHYSICALTHERAPY.COM	2
Enhancing Occupational Performance Through Motor Learning	20-1339822	PHYSICALTHERAPY.COM	2
Strength Testing & Exercise Prescription Across the Lifespan (Handschumacher - Live Interactive Webinar)	20-1088612	SUMMIT PROFESSIONAL EDUCATION	3
Manual Therapy Techniques: Advanced Concepts for the Upper Body (Meritt - Live Interactive Webinar)	20-1352220	SUMMIT PROFESSIONAL EDUCATION	3
Manual Therapy Techniques: Advanced Concepts for the Lower Body (Meritt - Live Interactive Webinar)	20-1352218	SUMMIT PROFESSIONAL EDUCATION	3
Evaluation and Treatment of Neck Pain Made Simple (Mann - Live Interactive Webinar)	20-1352113	SUMMIT PROFESSIONAL EDUCATION	3
Optimizing Total Joint Care through Physical Therapy (Carter - Online)	20-1343866	SUMMIT PROFESSIONAL EDUCATION	3
Breakthrough Solutions for Diagnosing and Treating BPPV (Frizelle - Online)	20-1345269	SUMMIT PROFESSIONAL EDUCATION	3
Effective Application of Vestibular Rehabilitation (Frizelle - Online)	20-1345265	SUMMIT PROFESSIONAL EDUCATION	3
Yoga to Improve Posture, Breathing, and Anxiety in Geriatrics (Daniels - Online)	20-1345257	SUMMIT PROFESSIONAL EDUCATION	3
Strength Athletes and Pelvic Floor Physical Therapy	20-1343852	PHYSICALTHERAPY.COM	3
Cystic Fibrosis and Physical Therapy: Management Across the Lifespan and Severity Spectrum	20-1340648	PHYSICALTHERAPY.COM	3
Wheelchair Seating and Positioning: A Guide for Common Clinical Considerations	20-1353394	SELECT REHABILITATION	3
Case Series: Comprehensive Management with Dry Needling	20-1344060	SELECT MEDICAL	4
Post-Operative Rehabilitation and Joint Replacement (Ellis - Live Interactive Webinar)	20-1195590	SUMMIT PROFESSIONAL EDUCATION	6
Sensory and Motor Learning (Sanghvi - Live Interactive Webinar)	20-710911	SUMMIT PROFESSIONAL EDUCATION	6

Treating the Lumbopelvic Complex (Handschumacher - Live Interactive Webinar)	20-958062	SUMMIT PROFESSIONAL EDUCATION	
Manual Therapy Techniques (Meritt - Live Interactive Webinar)	20-958932	SUMMIT PROFESSIONAL EDUCATION	6
Introduction to Neurodynamics: A Systematic Approach for Assessment and Treatment	20-1351467	SELECT MEDICAL	7.5
Biomechanics of Sport and Application to Lower Quarter Exercise	20-1343804	SELECT MEDICAL	14
Foundation in Oncology Rehabilitation	20-1334420	PORI (THE PHYSIOLOGIC AL ONCOLOGY REHABILITATI ON INSTITUTE)	15
The 8th School-based OT, PT, & SLP Symposium	20-1347719	APPLY EBP, LLC	15
POWER Lymphatics 2026	20-1345684	KLOSE TRAINING	15
Pelvic Function Level 1	20-1180386	HERMAN & WALLACE PELVIC REHABILITATI ON INSTITUTE	15
Differential Diagnosis through Subjective History: The Upper and Lower Quarter	20-1351461	SELECT MEDICAL	8.5
Pelvis Pro 2.0	20-1348165	CIAO	15
DN-1: Dry Needling for Craniofacial, Cervicothoracic & Upper Extremity Conditions: an Evidence-Based Approach (Part 1 of the	20-1343974	AMERICAN ACADEMY OF MANIPULATIVE THERAPY	15
Evaluation and Treatment of Temporomandibular Disorders and Craniofacial Pain	20-943170	FREEDOM PHYSICAL THERAPY SERVICES	15

Item 10: Future Agenda Items

Chair Boyd invited discussion regarding potential future agenda items. No new items were proposed.

Item 11: Public Comment

The Chair opened the floor for public comment. No comments were received.

Item 12: Adjournment

With no further business, the Chair adjourned the meeting at 10:11 a.m.